



# **Engaging Young People** in Volunteering

### Tip sheet and activities for volunteer managers

This tip sheet was developed in collaboration with Boroondara Youth Voice, a youth reference group of young people in Boroondara. They shared their insights on the most effective ways to engage their peers in volunteering.

This tip sheet shares 4 key areas of youth volunteer engagement that community organisations can apply to their own programs.

### 1

#### **Communication & Outreach**

- **Be clear and direct:** Young people prefer concise, upfront information about roles, time commitment, tasks, flexibility, and impact.
- Adopt a targeted approach: Tailor volunteering opportunities to match young people's specific interests and skills.
- **Leverage social media**: Use fun, visually engaging content with minimal text. However, posters still remain an effective tool in schools and universities.
- **Promote group volunteering**: Encourage young people to get involved with their friends, making the experience more welcoming and fun.



### **Role Discovery & Matching**



- **Speed networking:** Facilitate quick chats between young people and organisations to explore opportunities.
- **Highlight specific roles:** Avoid generic volunteering posts; showcase individual opportunities with clear requirements.
- **Short-term tasters:** Offer short term volunteering roles to let youth experience volunteering before committing long-term.

### **3** Motivation & Messaging

- Focus on community impact: Emphasise how volunteering helps society, not just personal benefits.
- **Career relevance**: Highlight how volunteering can enhance resumes and career prospects.
- Appeal to values: Many young people value giving back to their community, are passionate about causes but aren't actively seeking roles. Present opportunities proactively and show the value in the role.



• **Show impact**: Share stories, motivation and messaging of real volunteers and the difference they've made. Offer certificates or awards to recognise contributions.

## Accessiblity & Inclusion



- Make it easy to join: Clearly state age limits and experience requirements.
- **Flexible options:** Offer roles that accommodate busy schedules due to work or study.
- **Use trusted channels:** Partner with schools, councils, and youth organisations to build credibility.
- Interactive format: In training or induction, use games (e.g., Kahoot), videos, storytelling, and hands-on activities.
- **Location matters:** Promote roles where young people already are, like schools, universities and youth groups.

### **Activities to put this into practice**

### 1. Volunteer opportunity audit:

Use the following checklist to audit your current volunteer advertisements:

the role is clearly described
the role is flexible and can be completed alongside study or part time work
the tasks and benefits appeal to young people's motivation
the role requirements are clear (eg. Working With Children Check)
the ad has been reviewed by a young person to check tone and clarity
clear contact details or a way to express interest / ask more questions

### 2. Flexi-match your enquiries:

Turn enquiries into active volunteers by asking key questions and adapting roles.

Create a simple flow chart with columns for:

- Volunteer Interests (e.g. sport, tech, art)
- o Volunteer Skills (e.g. social media, event planning)
- Check if any current roles match these interests and skills
- Consider if any roles can be adjusted to benefit the volunteer AND your organisation

Use this to guide conversations with young volunteers.

#### 3. Volunteer taster event:

Design a short term experience for young people to try out volunteering

- 1. Choose a simple, half or full day activity
- 2. Make it fun, social, and easy to join
- 3. Ensure volunteers can bring a friend
- 4. Make sure information on how to join is available
- 5. Promote it in schools or youth groups with clear information and visuals