

Support services Cairns



For assistance please call the 24/7
Community Recovery Hotline: 1800 173 349

Emergency relief and psychological support

Lifeline crisis support.....	13 11 14
Australian Red Cross.....	1800 733 111
13 Yarn.....	13 92 76
Babinda Taskforce.....	07 4067 2900
Wuchopperen Health Service.....	07 4080 1000

Children and youth services

Kids helpline	1800 55 1800
Act for Kids.....	07 4033 8500

Financial services

Centacare FNQ.....	07 4044 0130
Rural Financial Counselling Service NQ.....	07 4652 5669

Other support services

Cairns Regional Council.....	1300 69 22 47
Kuranda Neighbourhood Centre.....	07 4093 8933
Hambleton House Community Centre Cairns.....	07 4037 2874
Manoora Community Centre	07 4044 0105
Marlin Coast Neighbourhood Centre.....	07 4055 6440
Birch Street Community Hub (UnitingCare).....	07 3253 4000
NDIS Customer Service.....	1800 800 110
Translating & Interpreting Service.....	13 14 50
Policelink.....	13 14 44
Queensland Health 13 HEALTH.....	13 43 25 84

FINANCIAL Support Services

📍 Cairns

If you're experiencing emotional stress or personal financial hardship, contact a local emergency relief provider or counselling service or call the Community Recovery Hotline on **1800 173 349** for help.

Birch Street Community Hub (UnitingCare).....07 3253 4000

Offers a range of free support services including emergency relief.

<https://www.unitingcareqld.com.au/services-and-support/counselling-and-wellbeing/mental-health-support/birch-street-community-hub>

Uniting Care Community Financial Care Line.....1800 007 007

Free financial counselling and education.

<https://www.unitingcareqld.com.au/services-and-support/counselling-and-wellbeing/financial-counselling>

Babinda Taskforce07 4067 2900

Provides emergency relief and support to people in financial crisis.

<https://babindataskforce.net.au/>

More Information

If you need assistance or support to assist you and your family, contact the Community Recovery Hotline on 1800 173 349 or scan the QR code for information and contact details of other community services in your area.

www.qld.gov.au/disasterhelp



CHILDREN AND YOUNG PEOPLE

Support Services

📍 Cairns

If you have a child or young person experiencing emotional stress, contact a local counselling service or call the Community Recovery Hotline on **1800 173 349** for help.



Beyond Blue.....1300 224 636

Provides free and confidential mental health support, counselling services and information 24/7 online and via phone.

www.beyondblue.org.au

Kid's Help Line1800 551 800

Provides free, confidential 24/7 online and phone counselling service for young people aged 5 to 25.

www.kidshelpline.com.au

Headspace1800 650 890

Free confidential service for young people aged 12 to 25. No formal referral required.

www.headspace.org.au

More Information

If you need assistance or support to assist you and your family, contact the Community Recovery Hotline on 1800 173 349 or scan the QR code for information and contact details of other community services in your area.

www.qld.gov.au/disasterhelp



COMMUNITY HEALTH Support Services

📍 Cairns

If you need health advice or services contact a local health provider or counselling service or call the Community Recovery Hotline on **1800 173 349** for help.

In an emergency call Triple Zero (000) or go to your nearest emergency department.



● Birch Street Community Hub (UnitingCare)07 3253 4000

Provides a range of free support services including emergency relief and counselling support.

● Wuchopperen Health Service07 4080 1000

Provides culturally appropriate healthcare services and support to the Aboriginal and Torres Strait Islander communities.

● Marlin Coast Neighbourhood Centre07 4055 6440

Provides culturally appropriate healthcare services and support to the Aboriginal and Torres Strait Islander communities.

● Lifeline1300 991 443 or 24 hour crisis line 13 11 14

Wide range of support services - mental health, financial and gambling, children, youth and family support, community support and LGBTQIA+.

More Information

If you need assistance or support to assist you and your family, contact the Community Recovery Hotline on 1800 173 349 or scan the QR code for information and contact details of other community services in your area.

www.qld.gov.au/disasterhelp

