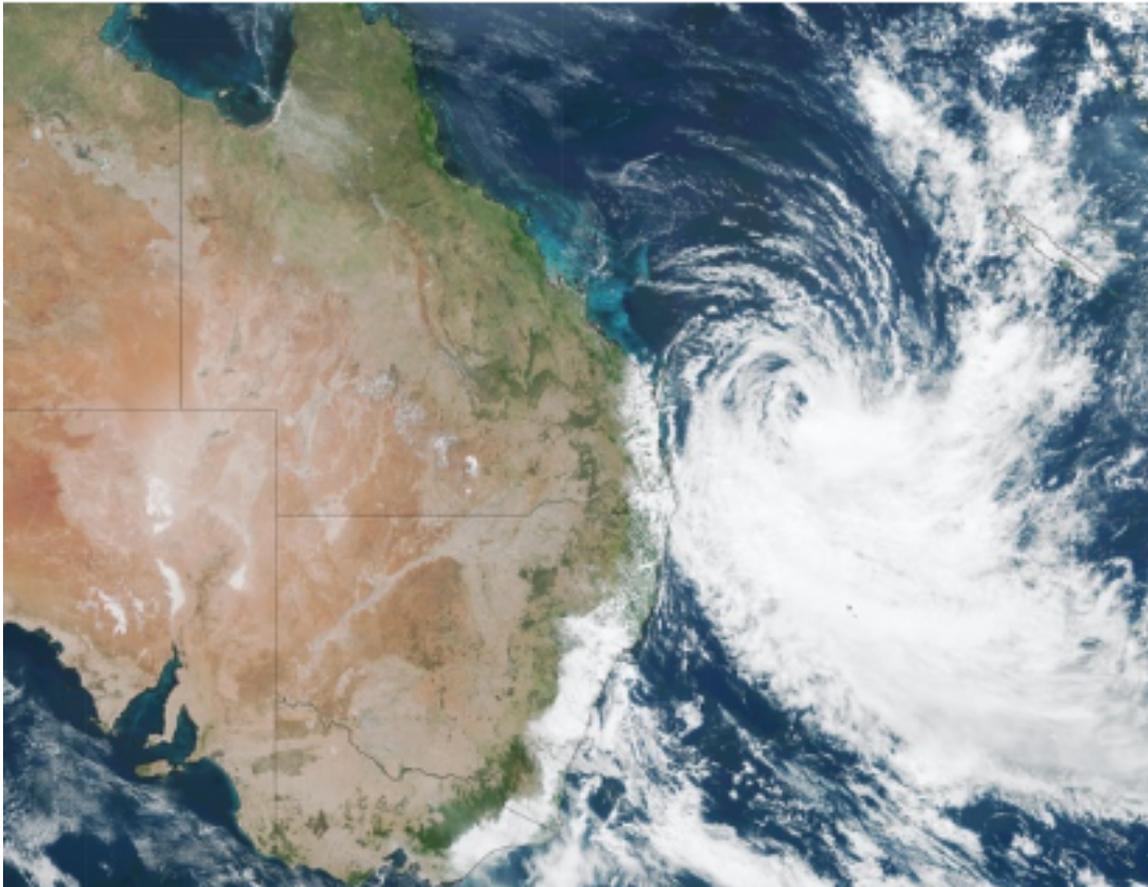


Cyclones



Cyclone



Bold
Not bold

Endeavour Foundation wrote this Easy Read.

When you see the word **we** or **us**, it means Endeavour Foundation.

We have put hard words in **bold**. We explain what these words mean.



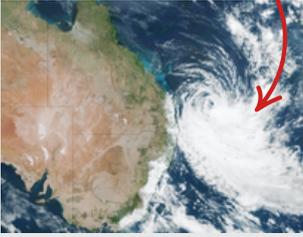
This Easy Read is about cyclones.

You can ask for help to read this document with someone you trust.

You can ask a friend, family member, or a support person to help you.



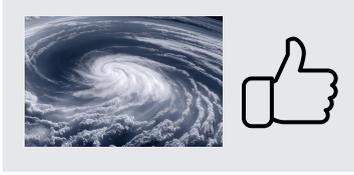
Cyclone Alfred



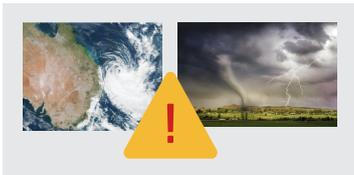
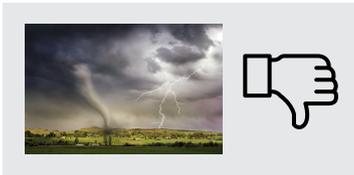
You are probably hearing a lot about **Cyclone Alfred** right now.



A **cyclone** is very bad weather.



Most cyclones happen out at sea and not on land.



Cyclone Alfred may happen on land.



We want you to feel safe and prepared if there is a cyclone near you.



When there is a cyclone near you, you may not be able to do the usual things you do.



When a cyclone or very bad weather is coming it is sometimes safer to stay at home.



Cyclones have strong winds that can make it unsafe to go outside.



You might hear very loud wind.



You might see things outside being blown around by the strong wind.

Strong winds can make:



- trees or branches fall over
- powerlines fall down
- furniture or play equipment be blown around.



You might see and hear very heavy rain.



Very heavy rain can cause flooding.

Flooding can:



- Damage property
- Make it unsafe to travel in cars or on public transport if roads are flooded.
- Make it unsafe to be close to outdoor drains, creeks and rivers.



Cyclones can cause power to go out.

This means things that use electricity will not work like:



- Lights



- TV



- Fridge



- Computer



- Powerpoints for charging mobile devices or ipads



- Stove



- Microwave

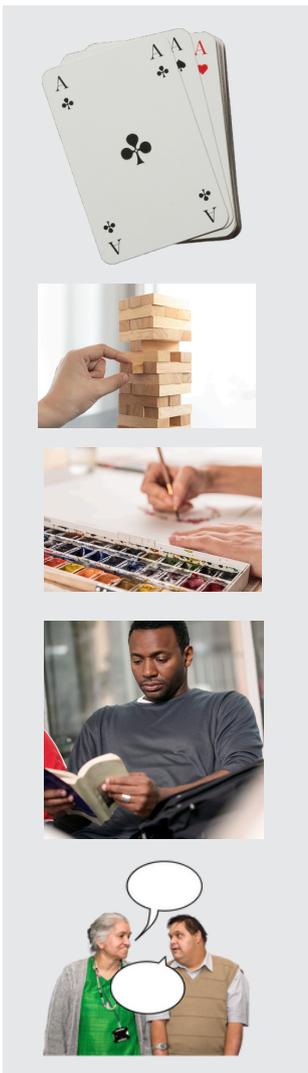


It is a good idea to prepare for the power going out by:

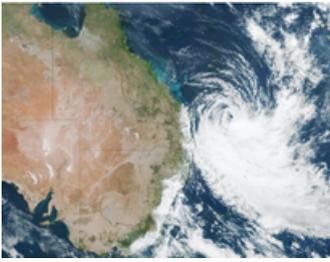


- charging your phone or tablet
- charging any portable batteries
- having a torch with batteries

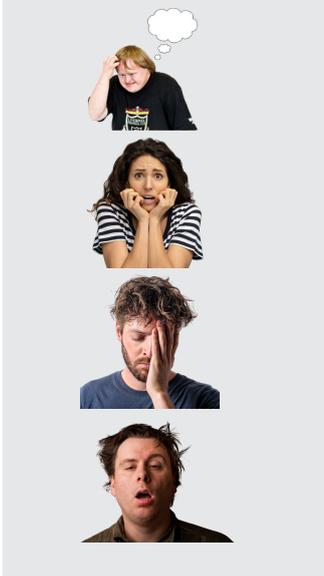
It is a good idea to do some activities that you enjoy without electricity like



- cards
- games
- drawing
- reading
- talking with housemates or family



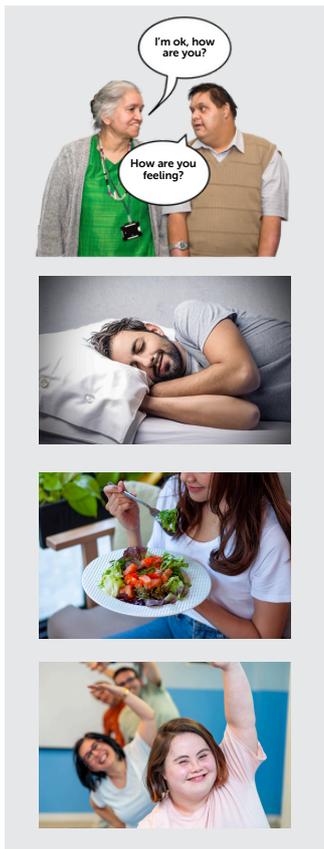
During a cyclone you might feel:



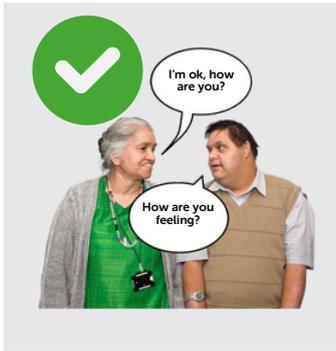
- worried
- scared
- sad
- tired



There are things you can do to look after your how you are feeling.

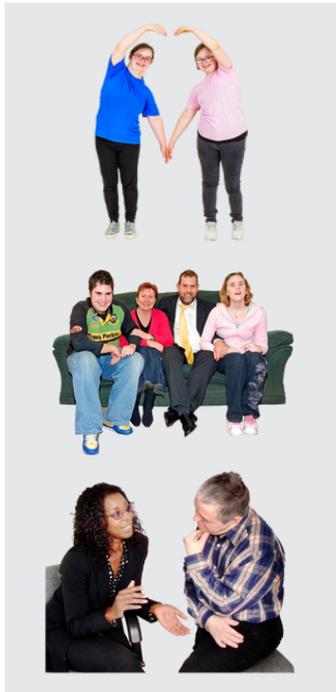


- check in on your family and friends to see how they are feeling
- getting sleep
- eating good food
- exercising if you can



It is good to talk to someone about how you are feeling.

You can talk with your:



- friends
- family
- Support Workers



If your life is in danger call 000 straight away



If you are in trouble and need rescuing call State Emergency Service



We call them SES for short.

Call them on 132 500.

You can find more information:

Queensland Government Disaster
Management website



Type <https://www.disaster.qld.gov.au/tropical-cyclone-alfred> into your internet browser

Or

Get Ready Queensland



Type <https://www.getready.qld.gov.au> into your internet browser.